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**Travel Institute &  
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## TENSE

### PAST CONTINUOUS TENSE:

1. Each action continuous in the time gone by.

It is formed as:

2. Subject + Was Or Were + First Form Of Verb + Ing

Example:

# He was smoking a cigarette.

It is used as:

3. Used to express an action begun and continuing in past time as -
4. It is used with always, continually etc. for persistent habits in the past.

Example:

1. We were watching TV all evening.
2. They were learning the poem by heart.
3. She was singing when I saw her.
4. She was doing her hair before a mirror.
5. The patient was lying senseless in bed.