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**Travel Institute &  
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## TENSE

### PRESENT CONTINUOUS TENSE:

1. It is an action, which is going on now and here. It is continuous to be done at present.

It is formed as:

2. Subject + Is Or Am Or Are + First Form Of Verb + Ing

It is used as:

3. For an action going on at the time of speaking.
4. For an action that has already been arranged to take place in the near future.

Example:

1. She is tasting the soup to see if it needs more salt.
2. The tailors are sewing new clothes.
3. The leaves are falling to the ground.
4. I am going to the cinema tonight.
5. They are washing their hands.